

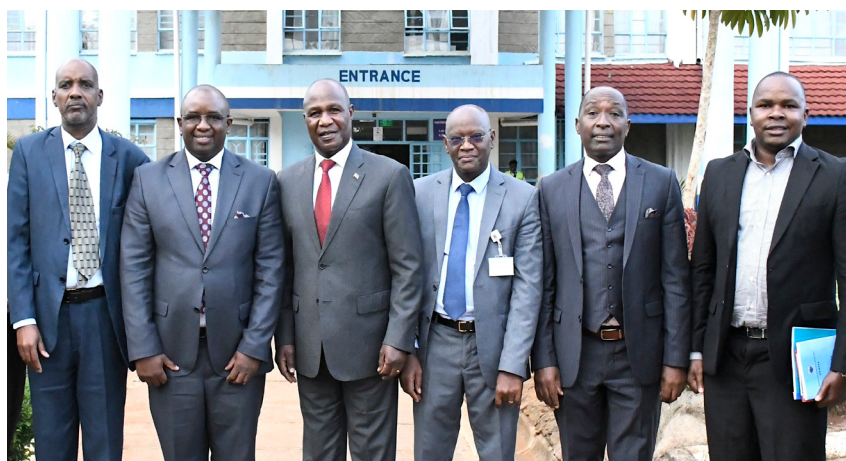


MED SCOPE



THE GENERAL has arrived

Mwai Kibaki Referral hospital Board of Members had its inaugural meeting at the hospitals board room on the 7th February 2025. Since the board was appointed last year not much of the board was heard or seen until now. At exactly at 10:00am the chairman of the board , Gen (Rtd) Kariuki Kibochi walked through the main entrance of the hospital flanked by his Aide, sharply dressed in a suit, clean shaven a reflection of his days in the military.



(Left to right) Seraphino Lengewa, Proffesor P.Muchiri, Gen (Rtd) Kariuki Kibochi, Ag.CEO P.Muiruri, Mr.Stanley Musyoki, Bishop Paul Wanjohi

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"The board was particularly impressed by the exceptional work ethics at Laundry, Biomedical, Renal, Farewell home and the CCU units"

Coming off retirement after serving as the Chief of the Kenya Defence Force from may 2020- 2023, the general brings on board a tactical wealth of knowledge and experience to spear head the upward trajectory growth of the hospital to take its rightful place as the referral facility of choice in this region. "I know it's expected that because am from the military, I will militarise the hospital management, which is far from the truth" said Gen (Rtd) Kibochi.

The Board members were given their maiden tour of the hospital by the newly appointed Ag. CEO Dr. Peter Muiruri, who brought them to speed of where we are as a facility, the gaps and areas of interest at the hospital. The board members were impressed at the dedication of staff members both clinical and administration, who have been offering services even in areas that are lacking. "The board was particularly impressed by the exceptional work ethics at Laundry, Biomedical, Renal, Farewell home and the CCU units. This places stood out for them amongst all other units", reported the Ag. CEO Dr. Muiruri during Monday Hospital management meeting.

The board members later sat in for a meeting in which they made their 1st appointment, that

was former Senior director Dr. Peter Muiruri was appointed to be the acting CEO of Mwai Kibaki Referral hospital. They also instructed capacity building in conjunction with Dedan Kimathi University ICT department where they would come to assess the current status of the hospital's systems automation needs so as to inform the Board what exactly is needed.

This is one of the areas the hospital has been really struggling with and with its full installation and implementation MKRH would greatly benefit and improve service delivery. "We must change the way we do things and this can only happen together, inclusive of staff and our stakeholders" said Dr. Peter Muiruri Ag. CEO MKRH.

Other members of the board present were:

- Professor Peter N. Muchiri, the Vice Chancellor of Dedan Kimathi University of Technology (DeKUT).
- Bishop Paul Githinji Wanjohi of the Abundant New life church Nyeri
- Stanley Musyoki Kyungu, a medical Imaging specialist with a background in Healthcare management
- Mr. Seraphino Sama Lengewa

FROM SILENCE TO STRENGTH:

MKRH Introduces Speech & Swallowing therapy services



Mwai Kibaki Referral Hospital (MKRH) has taken a significant step in enhancing healthcare by introducing Speech and Language Therapy services, a move set to transform lives in the region. Communication and swallowing are vital functions, but for individuals with disorders in these areas, they can become major challenges, leading to isolation, low self-esteem, and severe health issues like malnutrition. The new therapy service at MKRH aims to address these challenges by providing specialized care for

people of all ages, from infants to the elderly, dealing with conditions like stroke, brain injuries, neurological disorders, and speech impairments.

Speech and Language Therapy at MKRH offers a multidisciplinary approach, involving experts such as ENT specialists, pediatricians, neurologists, and nutritionists. By providing therapies like speech sound, fluency, voice, and swallowing techniques, it helps individuals regain their ability to communicate, eat, and lead fulfilling lives. This service will be especially beneficial for people in Nyeri county and immediate surrounding regions, reducing the need for long-distance travel and delayed interventions.

The introduction of these services will improve the quality of life for many, fostering social inclusion, better health, and personal development. MKRH's commitment to expanding its healthcare services highlights its dedication to patient-centered care, ensuring that no patient is left unheard or untreated.





Mwai Kibaki Referral
Hospital

Visit our Oncology clinic
Tue & Fri 8am - 2pm

#MKRHIinakujali

 @mwaikibaki_hosp  mwaikibaki_hosp  mwai kibaki hospital  www.knh.or.ke

ADVANCEMENT IN DIAGNOSTICS

Ultra-Sound Guided Prostate Biopsy

Mwai Kibaki Referral Hospital has marked a significant milestone in medical care with the successful completion of its first ultrasound-guided prostate biopsy. This groundbreaking procedure, which was performed by the hospital's expert team of specialists led by Dr. Keagan Urologist MKRH will allow for more accurate diagnosis and treatment of prostate cancer.

Ultrasound-guided biopsy is a cutting-edge technique that enhances precision by using real-time imaging to guide the biopsy needle to the target area of the prostate. This innovation is set to improve patient outcomes, reduce complications, and shorten recovery times.



MKRH team led by Dr. Keagan during the first Ultra-sound guided prostate biopsy procedure

The introduction of this advanced service at Mwai Kibaki Referral Hospital reinforces its commitment to providing world-class healthcare to the community. The hospital continues to invest in state-of-the-art medical technologies, ensuring that patients receive the best possible care.

Patients who require prostate examinations can now access this procedure locally, reducing the need for long-distance travel and offering a more efficient pathway to diagnosis. The hospital is proud to be a leader in the provision of advanced medical services and looks forward to expanding its offerings in the near future.





MKRH Chinga Medical camp



Oncology Unit



Fire safety skills training



EDITORS NOTE:

Unlike a computer, life doesn't have a physical reset button, but the metaphor represents the ability to make a fresh start through intentional choices. I have a very strong feeling that's where we are at Mwai Kibaki Referral Hospital. With the inaugural visit by the newly appointed Board members, things are looking promising, big question is are you ready to press that reset button or you're still hesitating, pondering about the inevitable, the unknown, what would, what will, what can....

When we're confronted with something in our lives that we don't like, we ask ourselves, "Is there anything I can do about *(input your predicament here)* to make it better?"

If yes, by all means, we should pour our energy into doing so. If no, we press the happiness button, which means we accept what life has presented us. Period.!

We then let go of the outcome we wanted and replace it with wholeheartedly readjusting to the situation.

Mr. Ita.J

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