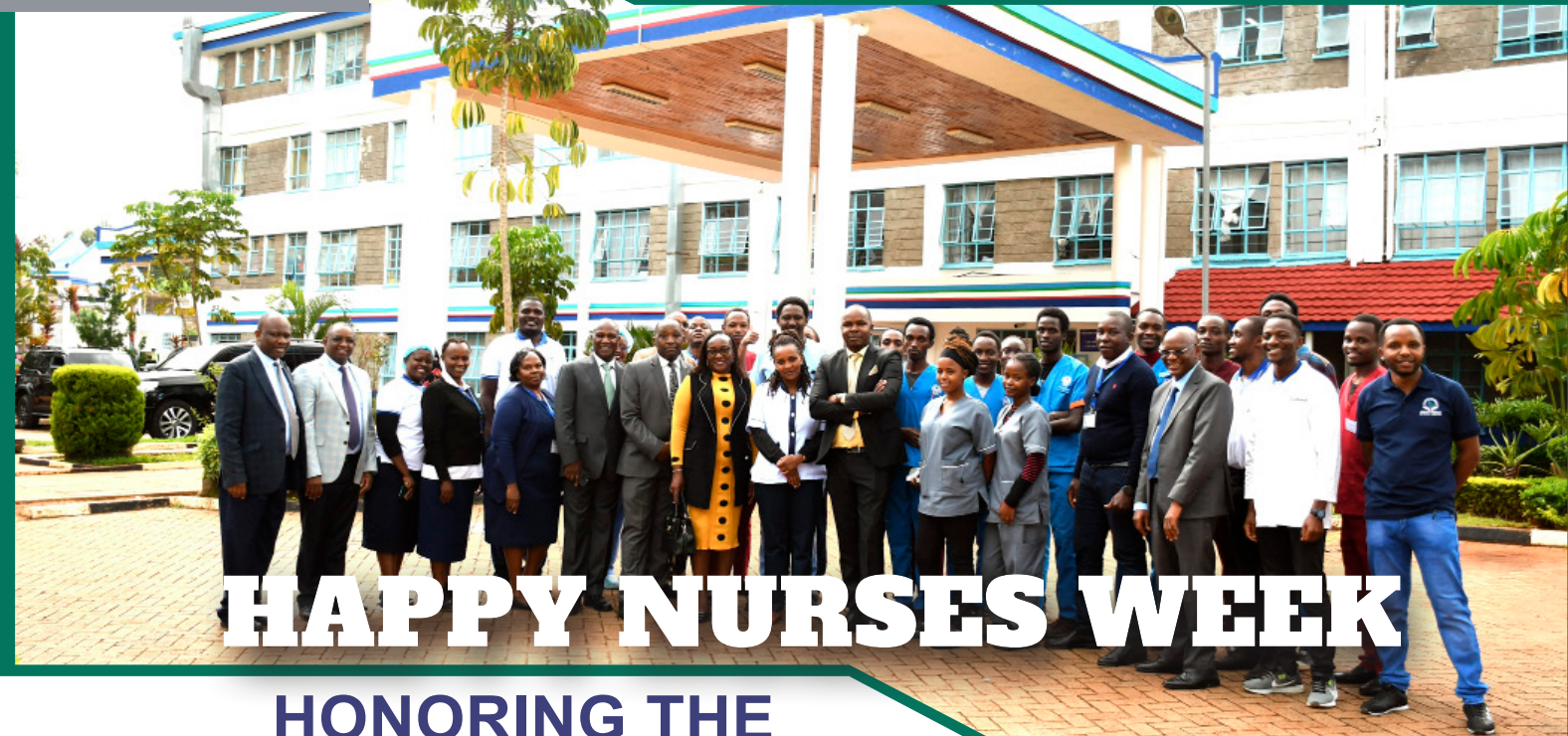




MED SCOPE



HAPPY NURSES WEEK

HONORING THE HEARTBEAT OF HEALTHCARE

At Mwai Kibaki Referral Hospital, International Nurses Week 2026 was marked with gratitude, reflection, community service, and celebration as the hospital joined the global healthcare community in honoring the extraordinary contribution of nurses and midwives.

Observed under the international theme *"Our Nurses, Our Future – Empowered Nurses Save Lives,"* the week-long celebration recognized the dedication, resilience, and compassion that nurses demonstrate every single day in delivering quality healthcare services to patients and communities.



MKRH Board Members joined the cake-cutting ceremony during the International Nurses Week celebration.

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Honoring the Heartbeat of Healthcare

The celebrations brought together nurses, hospital management, board members, patients, and members of the community in appreciation of the vital role nurses play in sustaining patient-centered care and strengthening the healthcare system.

One of the key highlights at MKRH was a colorful cake-cutting ceremony led by the Nursing Services Manager, Madam Rosalid. The occasion was graced by Hospital Board Chair Gen. (Retd.) Robert Kibochi, board members, and the Acting CEO Dr. Peter Muiruri, who commended the nursing team for their professionalism, commitment, and unwavering service to humanity. Speaking during the celebrations, the hospital leadership acknowledged nurses as the backbone of healthcare delivery — professionals who continue to serve with empathy, skill, and dedication even in the most demanding situations.

A Week of Thanksgiving and Community Outreach

In the spirit of gratitude and reflection, the nursing team also held a thanksgiving service at ACK St. Paul Othaya where they joined the faithful in prayer and thanksgiving for the gift of service and life.

Representing the hospital management, the Director of Finance and Administration, Mr. Jakoyo, applauded nurses for their tireless commitment and encouraged them to continue enhancing patient experience through excellence in healthcare delivery.

True to MKRH's commitment to preventive healthcare and community engagement, the celebrations extended beyond hospital walls. Nurses conducted health education sessions for congregants focusing on diabetes, hypertension, and mental health awareness — key health challenges affecting many families today.

The outreach also included free health screening

services such as blood sugar testing, blood pressure checks, and Body Mass Index (BMI) assessments, reinforcing the hospital's mission of promoting wellness and early disease detection within the community.



Ms. Morry MKRH nurse sensitizing the members of ACK church



MKRH Nurses Join National Celebrations in Nairobi

The celebrations culminated in a grand national event held in Nairobi, where a team of nurses from MKRH joined hundreds of healthcare professionals, leaders, and stakeholders from across the country to commemorate International Nurses and Midwives Day 2026.

The event was graced by Aden Duale and Mary Muthoni alongside senior government officials, healthcare partners, and representatives from the nursing fraternity.

The national celebrations highlighted the indispensable role nurses and midwives continue to play in advancing Universal Health Coverage (UHC) and strengthening Kenya's healthcare system. From maternal and child health services to emergency response, mental healthcare, chronic disease management, immunization, and community outreach, nurses remain at the center of healthcare delivery. A major highlight of the event was the unveiling of key policy and strategic frameworks aimed at strengthening nursing and midwifery practice in Kenya, including the launch of the Nurses and Midwives Recognition and Awards Scheme

— an initiative designed to celebrate excellence, inspire professionalism, and motivate outstanding service within the profession.

Everyday Heroes in Uniform

For the MKRH team, the celebrations were more than just an event — they were a powerful reminder of the incredible impact nurses have on patients' lives every day.

Behind every recovering patient, every successful procedure, every comforting smile in a hospital corridor, and every reassuring word during difficult moments, there is often a nurse quietly making a difference. Nurses may not officially wear capes, but to many patients and families, they are everyday heroes — balancing demanding shifts, emergency calls, emotional support, and clinical excellence with remarkable strength and compassion.

As the curtains closed on the 2026 Nurses Week celebrations, Mwai Kibaki Referral Hospital reaffirmed its commitment to supporting, empowering, and



celebrating nurses as they continue transforming lives through compassionate and quality healthcare service.



HONOURING THE HANDS THAT WELCOME LIFE



Mwai Kibaki Referral Hospital proudly joined the world in commemorating World Midwives Day through a colorful cake-cutting ceremony held in honour of the hospital's maternity team. The celebration was led by the Ag. CEO, Dr. Peter Mûirûrî, alongside the Ward In-Charge, Mr. Dennis, and members of the maternity nursing team. Speaking during the celebration, Dr. Peter

Mûirûrî applauded the maternity team for their exemplary dedication, professionalism, and unwavering commitment to providing safe and quality maternal and newborn care. He noted that midwives play a critical role in safeguarding the lives of mothers and babies, while contributing immensely to improved healthcare outcomes within the community. The Ag. CEO further encouraged the team to

continue upholding the same spirit of compassion, excellence, and patient-centered care that has continued to define the maternity services at the hospital. He emphasized the importance of teamwork, empathy, and continuous commitment in ensuring positive experiences for mothers and newborns seeking care at the facility.

World Midwives Day serves as an important opportunity to recognize and celebrate midwives for their resilience, compassion, and life-saving work every day. At Mwai Kibaki Referral



Hospital, the maternity team remains a pillar of hope and support to families through their tireless efforts in maternal and newborn care. The celebration not only highlighted the invaluable contribution of midwives but also reaffirmed the hospital's commitment to strengthening quality healthcare services and appreciating healthcare workers who continue to make a difference in the lives of patients.





COMMUNITY KINDNESS IN ACTION

On Sunday, 3rd May 2026, a spirit of compassion and faith filled the Boardroom at Mwai Kibaki Referral Hospital as members of St. Luke Small Christian Community from the Catholic Church, Othaya Parish gathered for a special Holy Mass.

The Mass, led by Fr. Michael Mathenge, brought together the faithful in prayer, reflection, and a shared commitment to serving others. It was a moment of spiritual nourishment, setting the tone for what would become a deeply touching act of kindness within the hospital. Following the service, the group extended their mission beyond the boardroom, visiting patients in the Oncology, Maternity,



St. Luke catholic community othaya Parish visits MKRH Oncology, maternity and pediatric wards

and Paediatric wards. With warm smiles and open hearts, they spent time with patients, offering not only material support but also emotional and spiritual comfort. The group distributed thoughtful gifts including toiletries, snacks, and fruits; small but meaningful items that brought joy and relief to many patients and their families.

More importantly, they shared words of encouragement, prayed with the sick, and reminded them that they are not alone in their journeys. In a further show of generosity, St. Luke Small Christian Community donated two bales of maize flour to support the hospital's patient feeding program, ensuring that their

impact would be felt beyond the day's visit. Speaking during the visit, members of the group emphasized that their mission was to share love with the most vulnerable in society, living out their faith through acts of service and compassion.

The hospital community deeply appreciates this gesture, which not only meets physical needs but also uplifts the human spirit.

Acts like these continue to strengthen the bond between the hospital and the community it serves, reminding everyone that healing goes beyond medicine; it is also found in kindness, presence, and love.

Mwai Kibaki Referral Hospital SPECIALISED OUTPATIENT CENTRE

Specialised CLINIC SCHEDULE

All clinics start at 8am

✓ MONDAY

- Ophthalmology
- MOPC
- Dental
- ENT
- Paediatrics
- Orthopaedics
- Gynaecology

✓ TUESDAY

- MOPC
- Dermatology (Paediatric)
- Urology
- Ophthalmology
- ENT
- Dental
- MOPC
- Oncology
- Physiotherapy
- Cardiology

✓ WEDNESDAY

- Orthodontics
- MOPC
- Dental
- ENT
- MOPC
- Ophthalmology

✓ THURSDAY

- Oncology
- MOPC
- Dental
- ENT
- Urology
- Breast Clinic
- Ophthalmology
- Neurosurgery
- Cardiology

✓ FRIDAY

- Maxillofacial
- Ophthalmology
- ENT
- Maximal
- MOPC

Mwai Kibaki Referral Hospital is open 24hrs
for emergencies and outpatient care.

#MKRIforyou

For more information contact us: +254 786 473434/01100607669 or email us corporateaffairs@mkrih.go.ke

WhatsApp  wa.me/254786473434 Facebook  [mwai.kibaki.referral.hospital](https://www.facebook.com/mwai.kibaki.referral.hospital) Website  www.mkrih.go.ke

POSITIVE COMMENTS



Baragu Victor · 4d · Rising fan

Mwai kibaki referral hospital nursing services have improved alot under the new management of madam Rosalid , who is ever calm, understanding and motherly. she has touched the heart of many patients and relatives our family being one of the beneficiary of her compassionate care and proffesionalism. long live Mwai kibaki referral hospital



Markbey Gbm · 4d

What a wonderful woman Md Rosalind is and the entire MKRH fraternity, the care she gave to one of our own, the hope she always gave, Selflessness, Resilient and a good hearted Madam, it's thru people like her that make us believe tenda wema nenda zako but never forget someone is watching, Blessings Md Rosalind and entire team

Reply



Tiyya Haru Dida · 1w

Congratulations big ❤️❤️❤️❤️❤️ I was there since November up february. good job 🙌🙌🙌🙌🙌🙌 proud of their services God bless them all

Reply



Elizabeth Nyaguthii · 1w

I personally give birth here through CS and I loved these hospital and especially that gynaecologist a brown short lady love you too the moon years

First comment

Reply



Thank you for your feedback



MKRH nurses visited ACK St. Paul Othaya for a special thanks giving ceremony during the International Nurses Week



World Midwives Day 2026 Celebrations with the maternity and NBU staff and the Ag. CEO Dr. Peter Muiruri



World Hygiene Day 2026 sensitization by the Public Health Team



EDITORS NOTE:

What does it mean when dedication and compassion define a profession? Nurses are a symbol of hope, healing, and selfless service. Their care brings comfort in difficult moments and strength to those in need.

A wise saying reminds us that “Nurses are the heart of healthcare.” Their commitment creates lasting impact, turning fear into hope and challenges into recovery. Through their passion and resilience, lives are touched every day.

As we celebrate Nurses Week, we honour the nurses of Mwai Kibaki Referral Hospital for their unwavering devotion to quality patient care. Truly, the spirit of service shines through you.

Mr. Julius Ita

Head, Corporate Communication
Mwai Kibaki Referral Hospital



To contribute or report to any newsworthy items, please contact the editorial team, or the Marketing & communication department

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